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Identification of Lactic Acid Bacteria isolated from Opaque beer (Chibuku) for potential use as a starter culture

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ABSTRACT

A study was carried out to identify lactic acid bacteria (LAB) isolated from chibuku that would be later assessed for potential as starter cultures. Thirty-eight isolates were Gram stained and the 20, which were Gram positive, were identified to genus level using morphological, physiological and biochemical tests. Five genera of lactic acid bacteria were identified and these were Lactobacillus (seven isolates coded B1, B2, C4, E3, E6, F1 and F4),
Lactococcus (five isolates: E1, F5, G5, G6 and H1), Leuconostoc (three isolates: E2, D5, F6), Streptococcus (two isolates: G2 and G4) and Enterococcus (three isolates: B3, B4 and G3).

From these genera, eleven isolates five from the genus Lactobacillus, three from Lactococcus and three from Leuconostoc were selected for identification to species level using API 50 CH kits. The Lactobacillus strains were identified as follows: two strains were Lb. plantarum (C4 and F4), two strains Lb. delbrueckii (B2 and E3), one strain could not be assigned to a species and was termed Lactobacillus sp. E6. Two of the Lactococcus isolates were identified as Lc. lactis subsp. lactis (strain G6 and H1), while the third isolate was Lc. raffinolactis (strain F5). The three Leuconostoc strains were Ln. mesenteroides subsp. mesenteroides.

**Key words:** Lactic acid bacteria; Sorghum beer (chibuku); Starter culture; Identification

**INTRODUCTION**

There are two types of beer produced at an industrial scale in Zimbabwe; clear and sorghum/opaque beer. Clear beer is a product of alcoholic fermentation of barley malt and maize adjuncts by a bottom fermenting yeast Saccharomyces carlsbergensis (Casida, 1987; Varnam and Sutherland, 1994). Sorghum beer is a product of two fermentations of sorghum malt and straight run maize meal, an alcoholic fermentation by a top fermenting yeast Saccharomyces cerevisiae and a spontaneous lactic acid fermentation (Novellie, 1986; Haggblade and Holzapfel, 1989; Steinkraus, 1996). The lactic acid fermentation in sorghum beer is effected by microorganisms inherent in the raw materials, containers and the surrounding environment (Marshall, 1987; Tamime, 1990; Nout, 1992; Mpandi-Khosa, 1993).

Spontaneous fermentations are difficult to control; are not predictable in terms of length of fermentation and quality of product; can produce unwanted products or products with a short shelf life and are sometimes not safe since they are liable to contamination by pathogens (Novellie and De Schaeprijver, 1986; Tamime, 1990; Nout, 1992). To overcome this problem, the most predominant microorganisms found in an acceptable product are isolated and purified (Marshall, 1987; Tamime, 1990; Marshall, 1993). The medium used for the fermentation is then pasteurized to exclude most unknown microorganisms and the purified microorganism(s) is/are introduced to initiate the fermentation (Marshall, 1987; Hesseltine, 1992; Marshall, 1993). By so doing, the fermentation can be manipulated in such a way that it is possible to predict the amount and quality of product formed, and the length of the fermentation period (Tamime, 1990; Hesseltine, 1992). Such introduced cultures are termed starter cultures (Hesseltine, 1992; Marshall, 1993; Mäyrä-Mäkinen and Bigret, 1993).
The most commonly sold sorghum beer in Zimbabwe is termed *chibuku*. *Chibuku* has inherent problems of poor and inconsistent quality. Although commercially prepared lactic acid is added during the preparation of wort for *chibuku* brewing, spontaneous lactic acid fermentation (due mostly to mesophilic lactic acid bacteria inherent in the malt) has been demonstrated during the later stages of *chibuku* brewing (Mashanda, 1997). This spontaneous lactic acid fermentation might be one of the contributing factors to the inconsistent quality of *chibuku* (Novellie and De Schaeprijver, 1986; Gadaga *et al.*, 1999). Thus the main objective of this study was to purify and identify the most predominant LAB that had been isolated from *chibuku* for later assessment of their potential as lactic acid bacteria starter cultures. The identified genera and species were reportedly associated with sorghum grains and some were found to occur in South African sorghum beers. In Zimbabwe, no work of this nature has been carried out on either *chibuku* or any sorghum beer. Instead, the only related work was on the determination of shelf life of *chibuku* that was found to be five days (Mashanda, 1997).

**MATERIALS AND METHODS**

**Source, purification and maintenance of isolates**

The isolates were obtained from the Department of Biological Sciences, University of Zimbabwe and had been isolated from 1-5 day old *chibuku* using MRS agar (Oxoid) and stored at 4±1°C. The purity of the isolates had not been previously authenticated.

Morphologically different colonies were picked from the plates and each streaked on a separate plate of MRS agar (Biolab). The plates were then incubated at 30±1°C for 3 days and the resulting colonies examined for purity. The process was repeated until there were no mixed cultures on each plate. Thirtyeight morphologically different isolates were obtained for further investigations.

Each isolate was kept in undiluted glycerol at -80°C as a means of long maintenance (Lapage and Redway, 1973). Working cultures were maintained on plates kept at 4±1°C with fortnight subculturing on MRS agar (Collins and Lyne, 1987).

**Identification of isolates to genus level**

The isolates were identified to genus level by Gram staining (Harrigan and McCance, 1993), observing growth at 15 and 45°C, different temperatures and growth in saline MRS broth(4 and 6.5 % NaCl w/v). Other tests were
catalase test (Harrigan and McCance, 1993), oxidase test (Collins and Lyne, 1987), nitrate reductase test, oxidation-fermentation test and growth in litmus milk (Harrigan and McCance, 1993)

The results obtained for morphological, physiological and biochemical tests were compared with those in standard texts for identification (Sharpe, 1981; Teuber and Geis, 1981; Garvie, 1986; Kandler and Wiess, 1986; Mundt, 1986; Dellaglio et al., 1995; Devriese and Pot, 1995; Hammes and Vogel, 1995; Hardie and Whiley, 1995; Teuber, 1995) and the isolates assigned to appropriate genera.

**Identification of selected isolates to species level using API 50 CH system**

Eleven isolates belonging to the genera *Lactobacillus* (5), *Lactococcus* (3) and *Leuconostoc* (3) selected based on the rate of acid production in litmus milk were identified to species level using API 50 CH kits and L media (BiomÈrieux, France) according the manufacturer's instructions. The API profiles were analysed using API LAB Plus (BiomÈrieux, France). In cases of equivocal results, reference was made to standard texts for identification.

**RESULTS**

**Identification of the isolates to genus level**

Of the 38 purified isolates, 20 were Gram positive bacteria and were presumed to be LAB while the rest were either yeasts (10) or Gram negative members of the family *Enterobacteriaceae* (8).

All the 20 Gram positive bacteria were negative for the catalase, oxidase and nitrate reduction tests (Table 1). The majority of the isolates were identified as belonging to the genus *Lactobacillus* (7) with the rest belonging to the genera *Lactococcus* (5), *Leuconostoc* (3), *Enterococcus* (3) and *Streptococcus* (2) (Table 1).

All members of the genus *Lactobacillus* (strains B1, B2, C4, E3, E6, F1 and F4) grew at 15°C, in 4% NaCl and at pH 5, 6, 7 and 8 (Table 1). Except for strain F1, all the other strains were fermentative with no gas production and produced acid in litmus milk (Table 1). The strains B1, C4, E3 and F1 did not grow at 45°C, while strains B1, B2 and E3 did not grow at pH 4 and 9.6. Strain E3 was the only one that could not grow at pH 4.4. Strains B1, E3 and F1 did not grow at 6.5% NaCl neither did they coagulate litmus milk (Table 1).
All strains belonging to the genus *Lactococcus* (strains E1, F5, G6 and H1) had the ability to grow at 15°C but not 45°C, in 4% NaCl, and at pH 6, 7 and 8 (Table 1). Strain E1 reacted differently from other *Lactococcus* strains by growing in 6.5% NaCl, not fermenting glucose, not producing acid in litmus milk and not coagulating the litmus milk (Table 1). Isolate G5 was the only strain which could grow at pH 4 while isolate G6 was the only strain which showed no growth at pH 5. Isolates E1 and F5 grew at pH 4.4 while H1 could not grow. Only strains H1 and G6 could grow at pH 9.6 (Table 1).

The three *Leuconostoc* strains (E2, D5 and F6) grew at 15°C but not at 45°C, grew at pH 5, 6, 7 and 8 but not pH 4, were fermentative with gas production and produced acid from litmus milk (Table 1). Strains E2 and F6 could grow at pH 4.4 and 9.6 but could not coagulate litmus milk while strain D5 showed opposite reactions for all the three tests (Table 1). Only strain E2 could grow in 6.5% NaCl while only strain F6 could not grow at 4% NaCl (Table 1).

The two strains of *Streptococcus* (G2 and G4) showed growth in 4% NaCl and at pH 5, 6, 7 and 8 but which did not grow at 45°C, in 6.5% NaCl and at pH 4 and 9.6, and which could not coagulate litmus milk (Table 1). Strain G2 was more reactive than strain G4 as it could grow at 15°C and at pH 4.4; could ferment glucose but with no gas production and could produce acid from litmus milk all which were negative for strain G4 (Table 1).

The three strains belonging to *Enterococcus* (B3, B4 and G3) had the ability to grow at 15°C, in 4% and 6.5% NaCl and at pH 4, 4.4, 5, 6, 7 and 8; were fermentative with no gas production and could produce acid from litmus milk (Table 1). Strain G3 differed from other two isolates by not being able to grow at 45°C and pH 9.6 and not coagulating litmus milk (Table 1).

**Identification of selected isolates to species level**

Five strains of *Lactobacillus* (C4, F4, E6, E3 and B2), three each of the genus *Lactococcus* (H1, G6 and F5) and *Leuconostoc* (E2, F6 and D5) were identified to species level.

Two *Lactobacillus* strains (C4 and F4) were identified as Lb. plantarum, strains B2 and E3 were identified as Lb. delbruekii while strain E6 could not be assigned to a species (Table 2). Although strains C4 and F4 were identified as Lb. plantarum they differed in their ability to ferment melibiose, D-raffinose, amidon and glycogene (Table 2). *Lactobacillus* sp. (E6) was capable of metabolizing the highest number of sugars (26 out of 49) while the two Lb.
delbrueckii only metabolized nine sugars (Table 2).

Two *Lactococcus* strains (H1 and G6) were identified as *Lc. lactic* subsp. *lactis* and they had identical biochemical profiles (Table 2). The third *Lactococcus* strain F5 was identified as *Lc. raffinolactis*. The *Lc. lactic* subsp. *lactis* strains could be distinguished from the *Lc. raffinolactis* strains on the basis of their acid production from eight carbohydrates (Table 2).

The three *Leuconostoc* strains (E2, F6 and D5) were identified as *Ln. mesenteroides* subsp. *mesenteroides*. However, their acid production from ten carbohydrates was variable (Table 2).

**DISCUSSION**

Lactic acid bacteria have been consistently demonstrated to be responsible for the spontaneous lactic acid fermentation of sorghum beer (Novellie and De Schaeprijver, 1986; Haggblade and Holzapfel, 1989; Steinkraus, 1996). This study has confirmed the presence of LAB in *chibuku* as five genera of LAB, *Lactobacillus*, *Lactococcus*, *Leuconostoc*, *Streptococcus* and *Enterococcus*, were predominant in *chibuku*. With the exception of the genus *Enterococcus*, the other genera have been previously reported in African sorghum beers (Novellie and De Schaeprijver, 1986; Haggblade and Holzapfel, 1989).

Similar to observations in South African beers, the most predominant LAB in *chibuku* were members of the genus *Lactobacillus* while leuconostocs were also present but in lower numbers (Novellie and De Schaeprijver, 1986; Haggblade and Holzapfel, 1989). The lower numbers of leuconostocs is probably due to their inability to compete with other LAB in mixed cultures (Teuber and Geis, 1981). The isolation of *Lactococcus* strains from *chibuku* is consistent with their previously reported presence in sorghum malt (Teuber, 1995).

The least number of isolates from *chibuku* belonged to the genus *Streptococcus* similar to previous observations in other sorghum beers. The source of the *Enterococcus* strains is not clear since they have not been previously reported in sorghum beer. However, members of this genus are commonly found in plant material (Devriese and Pot, 1995) and therefore they could have been introduced by the sorghum malt or maize.

When selected strains of the genus *Lactobacillus* were identified to species level as *Lb. plantarum* and *Lb. delbrueckii*, one strain could not be allocated to a species based on the API 50 CH tests since the strain's profile was judged equally as *Lb. plantarum* and *Lb. pentosus*. This was therefore designated *Lactobacillus* sp. (E6).
Differentiation of Lb. plantarum and Lb. pentosus by the tests used is difficult as these two species behave similarly (Kandler and Wiess, 1986). However, ribosomal RNA analysis can be employed to differentiate the two. The two species of lactobacilli identified in chibuku have also been reported in other sorghum beers. Similar to observations made in this study, Lb. plantarum has been identified as the dominant species in sorghum beers while Lb. delbrueckii occurs in low numbers and can sometimes be absent (Novellie and De Schaeprijver, 1986; Haggblade and Holzapfel, 1989). However, the occurrence of lower numbers of Lb. delbrueckii in chibuku could be due to the isolation temperatures (30°C) used that favoured growth of mesophiles like Lb. plantarum while selecting them against growth of thermophiles such as Lb. delbrueckii (Hammes and Vogel, 1995).

The strains belonging to the genus Lactococcus were identified as Lc. lactis subsp. lactis and Lc. raffinolactis. Lactococcus lactis has been reported in South African sorghum beers (Haggblade and Holzapfel, 1989) while this is the first report of Lc. raffinolactis in such beers. Reports of occurrence of Lc. raffinolactis on plant material (Teuber, 1995) helps to explain their presence in sorghum beer. Leuconostoc mesenteroides subsp. mesenteroides which were identified in chibuku have been previously reported as spoilage microorganisms in sorghum beers due to the excessive levels of organic acids and volatile compounds they produce (Novellie and De Schaeprijver, 1986; Haggblade and Holzapfel, 1989). Their role as spoilage organisms has however not been substantiated since sorghum beer is a live product and even the presence of desirable LAB sometimes results in an undesirable product due to over production of such organic acids and volatile compounds.

The identified isolates will undergo tests for lactic acid production and selected for further tests (production of desirable organic acids and volatile compounds) to assess their potential as starter culture in the brewing of sorghum beer. The lactic acid starter culture will greatly contribute in solving the problem of inconsistent quality and short shelf life of sorghum beers in Zimbabwe as the fermentation process will be under full control.

Acknowledgements

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Table 1: Results of tests used to identify the isolates to genus level.

| CODE | GENUS         | Gram reaction | Cell morph. | Growth at 15°C | Growth at 45°C | 4% NaCl | 6.5% NaCl | pH 4 | pH 4.4 | pH 5 | pH 6 | pH 7 | pH 8 | pH 9.6 | Catalase test | Oxidase test | Oxidation-fermentation test | Nitrate reduction test | Acid production in litmus milk | Coagulation |
|------|---------------|---------------|-------------|----------------|----------------|---------|-----------|------|--------|------|------|------|------|--------|-----------------|---------------|-----------------------------|---------------|-----------------------------|
| B1   | Lactobacillus | +             | rod         | +              | +              | -       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| B2   | Lactobacillus | +             | rod         | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | ++            | Acid production in litmus milk |
| C4   | Lactobacillus | +             | rod         | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| E3   | Lactobacillus | +             | rod         | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | ++            | Acid production in litmus milk |
| E6   | Lactobacillus | +             | rod         | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| F1   | Lactobacillus | +             | rod         | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| F4   | Lactobacillus | +             | rod         | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| E1   | Lactococcus   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | -             | Acid production in litmus milk |
| F5   | Lactococcus   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| G5   | Lactococcus   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | ++            | Acid production in litmus milk |
| G6   | Lactococcus   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| H1   | Lactococcus   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| E2   | Leuconostoc   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | ++            | Acid production in litmus milk |
| D5   | Leuconostoc   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| F6   | Leuconostoc   | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | ++            | Acid production in litmus milk |
| G2   | Streptococcus | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| G4   | Streptococcus | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| B3   | Enterococcus  | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | +++           | Acid production in litmus milk |
| B4   | Enterococcus  | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | ++            | Acid production in litmus milk |
| G3   | Enterococcus  | +             | cocci       | +              | +              | +       | +         | +    | +      | +    | +    | +    | -    | +      | -               | -             | -                           | ++            | Acid production in litmus milk |

**Key:** ferm + gas = fermentation, gas produced; For acid production in litmus milk: + = slow acid production, ++ = moderate acid production and +++= fast acid production
### Table 2: Acid production by the selected eleven LAB isolates from different carbohydrates.

<table>
<thead>
<tr>
<th>ISOLATE</th>
<th>Acetic Acid</th>
<th>Butyric Acid</th>
<th>Lactic Acid</th>
<th>Propionic Acid</th>
</tr>
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<tr>
<td><em>Lb. plantarum F4</em></td>
<td>-</td>
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<td>+</td>
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</tr>
<tr>
<td><em>Lb. plantarum C4</em></td>
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<tr>
<td><em>Lactobacillus E6</em></td>
<td>-</td>
<td>-</td>
<td>+</td>
<td>+</td>
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<tr>
<td><em>Lb. delbrueckii E3</em></td>
<td>-</td>
<td>-</td>
<td>+</td>
<td>+</td>
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<tr>
<td><em>Lb. delbrueckii B2</em></td>
<td>-</td>
<td>-</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td><em>Lc. lactis subsp. lactis H1</em></td>
<td>-</td>
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<td>+</td>
<td>+</td>
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<tr>
<td><em>Lc. lactis subsp. lactis G6</em></td>
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<td>+</td>
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<tr>
<td><em>Lc. raffinolactis E5</em></td>
<td>-</td>
<td>-</td>
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<tr>
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<td>+</td>
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<tr>
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<td><em>La. mes. subsp. mes D5</em></td>
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