Vomiting, a physiological response of expulsion of incompatible food, can be a distressing and intractable response to potentially beneficial therapeutic measures like radiation and chemotherapy. Treatment options for control of vomiting have increased over the years. The mechanism of vomiting is better understood today than ever before.

The ‘Management of Nausea and Vomiting in Cancer and Cancer Treatment’ is an excellent hand book to understand the pathophysiology of emesis as well as its pharmacotherapeutics. The book is a multi-author compilation. It starts with descriptions of strategies for the elimination of clinical problems and then moves on to discuss the pharmacology of antiemetics, and the methodological issues in assessing the drugs. The chapters on prognostication of chemotherapy-induced nausea and vomiting and radiation-induced emesis are very useful for practicing clinicians. Novel approaches with existing drugs and novel new agents like ginger and cannabis can interest clinicians with a penchant for innovation.

It is a monograph worth a place on your bookshelf.